



Dr. Essa Al-Ahmad

FAMILY PHYSICIAN · SERIAL ENTREPRENEUR
INVESTOR & ADVISOR

A Saudi family doctor turned entrepreneur, transforming holistic healthcare and family care in the Kingdom.

After more than 14 years in family practice in Al-Ahsa, Dr. Essa now advises on wellness and preventative family medicine, develops leaders and organisations through his advisory firm Axle Vision, and convenes The Clinic Dialogue (a private community for the Kingdom's healthcare professionals) in step with Vision 2030. He speaks and advises on wellness and preventative care, leadership and organisational transformation, and the future of family medicine.

IN FOCUS

VENTURES & LEADERSHIP

Axle Vision

FOUNDER

His advisory firm: leadership development, organisational transformation, and human capital development for businesses across KSA & the GCC.

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FOUNDER & CONVENER

His community for doctors: a private circle where doctors, nurses, therapists, pharmacists, and physician assistants connect, mentor one another, and grow.

Training Healthcare Workers

EDUCATOR & MENTOR

Passionate about developing people: he has trained doctors, nurses, and frontline teams for over a decade.

Holistic & Preventative Practice

FAMILY PHYSICIAN

Practices medicine with a holistic approach and preventative care as the focus — treating the whole person, not a single symptom.

BIOGRAPHY

HIS STORY

Dr. Essa Al-Ahmad was born into a farming family in Al-Ahsa, the largest oasis on earth. He earned his MBBS in 2013 and a Postgraduate Diploma in Family Medicine in 2014, then served more than a decade in primary care — on the frontline and as Medical Director of two health centers.

He led Al-Shuqaiq Center to CBAHI accreditation and helped five more centers reach the same national standard, directed the National Osteoporosis Prevention Program, and commanded frontline Covid-19 clinics through the pandemic.

Today he is Chairman of Mithaq Al-Najah, co-founder of Health Power Medical, and founder of Axle Vision — the advisory firm for leadership development, organisational transformation, and human capital across the Kingdom and the GCC.

He speaks and advises across the Kingdom and the Gulf on wellness and preventative care, leadership and organisational transformation, and the future of family medicine — counsel for ministries, authorities, and institutions on change that holds.



A rare combination in one physician

Excellent medical practice, leadership, human-capital development, and a passion for building community — the four strengths that shape everything he does.

SPEAKING & ADVISORY

SIGNATURE TALKS

WELLNESS

Healthy professionals, healthy systems

Why the wellbeing of the people who deliver care — physical, mental, social, and spiritual — is the foundation of better outcomes and stronger institutions.

FOR HEALTH SYSTEMS & LEADERS

PREVENTATIVE

Holistic, preventative family medicine

A culturally grounded model of preventative care for Saudi families, and what it takes to make it national.

FOR PUBLIC HEALTH & FAMILIES

VISION 2030

Healthcare under Vision 2030

What is real, what is hype, and what is still missing in the Kingdom's health transformation — from someone executing it.

FOR VISION 2030 FORUMS

TRANSFORMATION

Human capital: how organizations really transform

Strategy and technology do not transform - people do. How investing in human capital development turns teams, clinics, and companies into engines of lasting change.

FOR ORGANIZATIONS & BOARD

LEADERSHIP

Executive presence for healthcare leaders

The individual side of change: how a clinician or administrator builds the personal presence, judgement, and behavioural insight to lead it.

FOR HEALTHCARE LEADERS & EXECUTIVES

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Alahmad Essa

Founder & Vision

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ON STAGE · DUBAI

A physician who has run public health centers, earned national accreditation, and led in crisis — advising on transformation that holds.

DR. ESSA AL-AHMAD



BOOKING & ENQUIRIES

CONNECT

SPEAKING & ADVISORY

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LANGUAGES

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